

Ottawa Bicycle Club Policy #11

Youth and Junior Programs Code of Conduct and Behavioural Policy

It is our goal to provide a safe, inclusive, and enjoyable environment for our athletes to develop riding, racing, maintenance and safety skills. This is can best be accomplished when our athletes are behaving respectfully with their coaches, fellow athletes and, when racing, to race officials.

Disruptive or disrespectful behaviours make it difficult for coaches to direct practices and creates a negative learning environment that athletes do not enjoy participating in.

Positive Environment

Coaches will establish a positive and inclusive environment, clearly outlining behavioural expectations to the athletes.

Parents are asked to make coaches aware of any known behavioural concerns before practices commence. When applicable, please share coping and behaviour management strategies with the coaches. This will allow the coaches to best support your child.

During practices and while racing the following codes of conduct are applicable to all athletes.

The Participant Code

- I will be a good sport.
- I will respect people and Property. I will be careful and safe while riding.
- If I make a mistake, I will tell someone.
- No “put downs”.
- I will ride fairly.
- I will accept the consequences of my behaviour.

The Fair Play Code

- Respect the Rules.
- Respect the officials and their decisions.
- Respect your opponents and your teammates.
- Maintain your self-control at all times.
- Try your hardest - always.

Coaches Address Disruptive Behaviors

Coaches will address disruptive behaviours in practice. It will be made clear to an athlete when a behaviour is inappropriate, and that if the behaviour continues it will be necessary to speak to the parents/ guardians of the athlete. Disruptive behaviours may include, but are not limited to:

- Any behaviour which compromises the safety of the athlete, the group, or the coaches.
- Bullying other athletes.
- Behaviours which prevent practice from continuing such as ongoing interruptions or outbursts from the athlete.
- Hiding or intentionally leaving designated practice areas.

Parents Address Disruptive Behaviours

Coaches will speak to an athlete's parents/ guardians if the athlete continues to engage in disruptive behaviours after the coach has asked them to stop. Parents are asked to address the behaviours with the athletes, and to let coaches know about coping strategies that they have discussed with the athlete. Parents are asked to communicate to the athlete that if the behaviours continue, parental supervision during practices will be required.

Parents Accompanies Athlete

A parent/ guardian of the athlete will be required to attend practices and stay with the athlete. The parent/ guardian will be responsible for handling any disruptive behaviours.

Athlete Removal

In the event the parent/ guardian is unable to accompany the athlete during practices, or that disruptive behaviours continue regardless, the athlete will be removed from or not be allowed to participate in the practice.